

Montag	Montag	Montag	Dienstag	Mittwoch	Mittwoch	Donnerstag	Donnerstag	Freitag	Samstag	Samstag	Sonntag
Saal 1	Saal 2	Markgröninge n	Saal 1	Saal 1	Saal 2	Saal 1	Saal 2	Saal 1	Saal 1	Saal 2	Saal 1
					9.00-10.00 Pilates Matte Ines			8.20-9.20 Early Bird Reformer All Levels Nadege			
									9.30-10.30 Reformer Beginner Nadege		
									10.30-11.30 Reformer All Levels Anita	10.30-11.30 Ballett Basic Nadege	10.00-11.00 Reformer Sunday Morning All Levels
			17.00-18.00 Reformer All Levels to Interm. Anita	17.00-18.00 Reformer All Levels Anita					11.30-13.00 Einsteiger Workshop „Start Pilates und Reformer“	11.30-12.30 Barre Nadege	
18.00-19.00 Reformer All Levels Nadege			18.00-19.00 Reformer Intermediate Anita	18.00-19.00 Reformer Advanced Anita		18.00-19.00 Reformer All Levels Ines		17.30-18.30 Reformer Flow Intense Karla			
19.00-20.00 Reformer Intermediate Nadege	19:00-20.00 Pilates Matte Ines	19.00-20.00 Pilates Matte Flow Anita	19.00-20.00 Reformer Advanced Anita	19.00-20.00 Reformer Intermediate Ines	19.00-20.00 Pilates Matte Flow Anita	19.00-20.00 Reformer Intermediate Ines	18.50-19.50 Pilates Matte Sensitive Moni				